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Canadian Heritage Health Canada

DECEMBER 2021

MCDC'S CHRISTMAS MEET AND GREET



Join us for an evening of relaxation and friendly chatter to kick the holiday season into gear. There will be good music by Jamie Allan and Courtney Drew (on fiddle), a light supper, door prizes, and Christmas caroling. The cash bar will be available.

WHEN:	Wednesday, December 8, 2021
TIME:	5:00 - 7:00 p.m.
WHERE:	Studio Théâtre Paul Hébert, 800 rue St-Alphonse,
	Thetford Mines
ADMISSIO	N: Free
	Please call MCDC to sign up 418-332-3851
	A covid vaccination passport is required.
→ PI	EASE BRING A NON-PERISHABLE ITEM FOR THE
N	MASONS' XMAS BASKETS CAMPAIGN!!! 🗲 👘 🖊



Health activity & capsules

Please call MCDC to register for each of the following health sessions.

WALKING CLUB



DATE: **Thursday Dec 16, 2021** TIME: 1:00 p.m. PLACE: Powell's Sugar-bush, Ste-Agathe, 5km return.

Pls call or email Laurie health@mcdc.info to register.

Fall & Injury Prevention

"The Role of Nutrition in Preventing Injury and Falls" Presented by Nutritionist Nathalie Quirion

DATE: **Thurs Dec 2, 2021** TIME: 2:00 - 3:30 p.m. PLACE: Kinnear's Mills Municipal Hall

Pls call or email Laurie health@mcdc.info to register.

Drop-In Mondays

1:30 - 3:30 p.m.



Mon Dec 6:	Kinnear's Mills
	Municipal Hall
Mon Dec 13:	Inverness IOOF Hall
	- Xmas Party
Mon Dec 20:	No Drop-In
Mon Dec 27:	No Drop-In
Mon Jan 3:	No Drop-In
Mon Jan 10:	MCDC basement



MASONS' CHRISTMAS BASKET CAMPAIGN

2021

The holiday season is upon us and the Masons' Christmas Basket Campaign is in full swing from **December 1st to December 17th**. Donations of non-perishable food items and toiletries will be greatly appreciated. You may drop off your items at MCDC, or at ASJ High School, or at the MCDC Xmas Meet & Greet on Dec 8th.

Thank you in advance for your generosity towards this worthy cause. Our thoughts are with those people in our community who need a helping hand at this difficult time of the year.

Movie Matinee "How The Grinch Stole Christmas"

DATE: Tuesday, Dec 21, 2021 TIME: 1:00 - 3:00 p.m. PLACE: MCDC

Pls call or email Jennifer info@mcdc.info to register





T: 418 332.3851 | Sans frais : 1 877 332.3851 www.mcdc.info

What's happening?

Candle-lighting Service



Sunday **December 12th** there is a special Candle lighting service in Candlish United Church, Kinnear's Mills at 3:30 p.m. After worship there will be a supper in the Community Hall provided by the KIT Pastoral Charge. Everyone is welcome to join us.

CHRISTMAS SERVICES

Saturday, Dec 11, 4 p.m. at the Church of the Ascension, Inverness. Sunday, Dec 12, 10 a.m. Christmas Service at the Parish of St. John the Divine (Salon Gamache) in Thetford Mines.

Wednesday, Dec 22, 4 p.m. at the Church of the Ascension, Inverness.

Sunday, Dec 19, 10:30 a.m. the United Church congregation will have their regular worship at Salon Gamache and Nadeau in Thetford. Friday Dec 24, 8 p.m. St. Andrew's Church in Inverness will celebrate Christmas Eve communion service.

Golden Girls - via ZOOM



DATE: **Thursday Dec 2, 9, 16**, 2021 TIME: 10:00 a.m. - noon Call MCDC/Jennifer to register info@mcdc.info

"B-7"

Bingo anyone?



DATE: **Wed December 14**, 2021 TIME: 1:00 p.m. PLACE: MCDC basement

T : 418 332.3851 **Toll free :** 1 877 332.3851

Odd Fellows' Friday Night Jam Sessions



WHEN: As of Nov. 26, 2021,
Every Friday 7:30 - 11:30 p.m.
WHERE: IOOF Hall, Inverness
Admission: \$5/person
Proof of vaccination required.

School News



- Dec 2: Agent Simoneau with Sec 1 & 4 for Educaloi;
- Dec 7: Decorating Xmas wreaths;
- Dec 9: Career Orientation -Physiotherapist - Sec 4;
- Dec 13: Parents & Tots Xmas party;
- Dec 15: Inter-generational interview with Pauline & Ross Davidson - grade 5;
- Dec 17: Masons Xmas baskets

Drop-In Christmas Lunch & Party



Monday **December 13, 2021** 12:00 noon - 3:30 p.m. IOOF Hall, Inverness

Lunch followed by cards and live music by Jamie Allan, Leonard Davidson, and Rufus Jamieson.

Proof of vaccination required.



Milestones

- Our condolences to Mildred Robinson and the Robinson family on their loss of David on October 30th after a lengthy illness.
- Deepest sympathies to Kim White and her family on the loss of her father Winston on November 5th.
- Our sympathies to members of the Cruickshank family on the passing of Cora Cruickshank Annesley (originally of Inverness) on Oct 14th in North Bay ON. She was in her 90th year.
- Birthday wishes going out to Sylvia Champagne, Rev. Barb Fotheringham from afar, and to everyone else who will be celebrating their birthday in December.



MERRY CHRISTMAS & HAPPY NEW YEAR!

Best wishes from the MCDC Board of Directors, the MCF Board of Directors, and Staff! Please note that the MCDC offices will be closed for the Holidays as of Wednesday December 22nd (4:30 pm) and will re-open on Thursday January 6th, 2022 (8:30 am)

All members of the English-speaking community of Chaudière-Appalaches and l'Érable are invited to become members of MCDC. Membership is free and it Is a great way to get involved and show your support for your community. Please call us 418-332-3851 or email info@mcdc.info