

Down Home News



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Canadian Heritage



Health Canada

APRIL 2022

THANK YOU TO OUR MCDC VOLUNTEERS

National Volunteer week will be celebrated April 24-30, 2022. Volunteers are on the front lines of our community services - community health care, heritage and arts, administrative committees, community organizations, school life, the list is impressive. Take the time this week to recognize volunteers by saying thank-you. They offer their time, energy and skills to improve the lives of their neighbours and surroundings. Their hours of service ensure that many events are held and many people are helped.

Albert Stevenson	Brenda Trenfield	Helen Jamieson	Kenny Powell	Maureen Small	Roger Allan
Alice Renaud	Darlene Menard	James Allan	Lawrence Custeau	Michelle Mathieu	Ronald Routhier
Aline Visser	Denise Carrier	Jan Lowry	Leo Thomas	Nadine Ratté	Ross Davidson
André Gingras	Dianna Beattie	Janet Dempsey	Lorna Campbell	Ozzie Beattie	Sheilagh Brown
Ann Marie Powell	Don Beattie	Jean Wright	Lorraine Learmonth	Patsy Fowler	Stephen Renaud
Ann-Marie Campbell	Edie Patterson	Jim Barber	Luc Baillargeon	Pauline Davidson	Susan Young
Annie Stewart	Hartley Aulis	Joan McCammon	Lucien Trepanier	Pauline Nutbrown	Sylvie Champagne
Barbara Ann Arsenault	Heather Whitcomb	Joan Smith	Madeleine Brisson	Peter Whitcomb	Victor Lowry
					Zina Pantorno

We would also like to thank all the students from St. Patrick's Elementary School and ASJ High School who participated in the "I Volunteer" program. Although COVID-19 made it difficult and often impossible to accomplish all the projects, the students tried their best.



Health activities & capsules - VIA ZOOM

Please call MCDC or email health@mcdc.info to register for each of the following health sessions.

Bingo anyone?



Bingo cards & dabbers will be delivered to your home.

DATE: **Wed, April 6, 2022**
TIME: 10:00 - 11:30 a.m.
Contact Jennifer at MCDC
info@mcdc.info to register.

CHEP Videoconference Via ZOOM and in MCDC basement

"Music Therapy: Music for the
Mind, Body, and Soul"

Presented by Victoria McGill
Music Therapist

DATE: **Wed, April 20, 2022**
TIME: 10:00 Followed by lunch
Contact Laurie at MCDC
health@mcdc.info

Healthy After 50



Andréanne Raby, Kinesiologist
Exercises followed by cognitive games
and lunch

DATE: **Tues, April 26, 2022**
TIME: 9:30 a.m. - 12:30 p.m.
PLACE: IOOF Hall Inverness
Contact Laurie at MCDC to register

Mental Health & Wellness Workshops

presented by Charlie-Maud Gingras

DATES: **Thursdays, April 7, 14, 21**
PLACE: MCDC basement / or via ZOOM
TIME: 1:30 - 3:00 p.m.

Call Laurie at MCDC
418-332-3851

Movie Matinee



Disney Documentary Film
"POLAR BEAR"

DATE: **Wed, April 27, 2022**
TIME: 1:00 p.m.
PLACE: MCDC basement
Contact Jennifer at MCDC
info@mcdc.info to register.

Drop-In Mondays

1:30 - 3:30

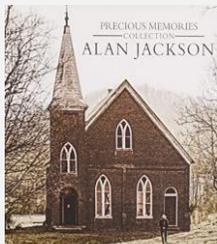
April 4: Kinnear's Mills,
Municipal Hall
April 11: Inverness IOOF
April 18: Easter Monday
NO DROP IN
April 25: MCDC basement



T : 418 332.3851 | Sans frais : 1 877 332.3851
www.mcdc.info

MEGANTIC
ENGLISH-SPEAKING
COMMUNITY DEVELOPMENT CORPORATION

What's happening?



Dinner & Show

"PRECIOUS MEMORIES" concert by Allan Jackson, live from the Ryman Auditorium in Nashville.

DATE: **Wed, April 13, 2022**
TIME: **12 noon - lunch served**
PLACE: MCDC basement
Call Jennifer to register
info@mcdc.info

Sunday Worship Service in the KIT Pastoral Charge

April 3: 10:30 a.m. Candlish United with Carolyn Linde.
April 10: 10:30 a.m. St. Andrew's, Inverness, with Edythe Arnott;
April 14: 8:00 p.m. Maunday Thursday communion service at Candlish United;
April 17: 10:30 a.m. Candlish United
April 24: 10:30 a.m. St. Andrew's, Inverness with Edythe Arnott.

McGill Health & Social Services Bursary Program 2022-2023 CALL FOR APPLICANTS

McGill University, with the collaboration of MCDC, is pleased to launch the call for applicants for Health and Social Services Community Leadership Bursaries for the 2022-2023 academic year. This program provides financial incentive to students from selected Quebec regions with English and French language skills pursuing full-time studies in the area of health and social services in a government recognized educational institution. Depending on the level of studies (university, college, or vocational) and whether or not the applicants are pursuing their post-secondary studies inside or outside their region, the amount of the bursary may vary between \$2,500 and \$10,000 for the 2022-2023 academic year.

The deadline to submit your application is May 16, 2022. To obtain a copy of the application form and guide, or for more information, please contact Maureen Small at MCDC 418-332-3851 community@mcdc.info



MCDC Book Club

MCDC is always looking to welcome new people into our Book Club. We meet via ZOOM at the moment.

The next meeting will be:
Friday, Apr 8th, at 10:00 a.m. - "Canada Reads" focus.

2nd meeting will be on **Friday, Apr 22nd at 10:00 a.m. - "Regular meeting"**
Please call Jennifer if you'd like to join.
418-332-3851



School News

Career Orientation:

Apr 5: Sec 3-4: Can. Border Crossing Guard; Gout d'entreprendre, & butcher Kyle Raby.

Apr 6: Sec 3-4 & Pathways: Yves Simoneau for Educaloi

Apr 8: Sec 4 - Job Shadowing

Apr 20: Yves Simoneau on "Bicycle rules"

Apr 21: Sec 3-4 & Pathways: Visit to Le Tremplin.

Apr 27: Sec 4: Cooking activity..

Mason's Sugar Party



Bring your family, friends & neighbours to enjoy some local springtime fun.

DATE: Saturday, April 30, 2022
PLACE: Kinnear's Mills Community Hall
TIME: 4-6 p.m. Taffy on snow
6 - 7:30 Homemade cooked supper
8-11 p.m. Dance - To be confirmed

Bring your own beer, wine, and lawn chair.

MCF BURSARY PROGRAM FOR ASJ GRADUATES AND ADULT LEARNERS



For the 13th year running, the Megantic Community Foundation (MCF) is pleased to offer three (3) \$500 bursaries:

- ✚ Two (2) bursaries to ASJ High School graduates pursuing post-secondary studies.
- ✚ One (1) bursary to a member of the English-speaking community of the Appalaches, l'Érable or Lotbinière regions who wishes to further his/her studies as a mature student.

To qualify, you **MUST** be registered as a FULL-TIME student in September 2022.

Deadline for submission of application to MCDC is Monday, May 2, 2022. Application forms are available by calling MCDC:

418-332-3851



The MCDC & MCF Board of Directors and the Staff would like to wish you all a very Happy Easter. Let's continue to use safe practices.

Please note that the office will be closed Good Friday, April 15 & Monday, April 18

All members of the English-speaking community of Chaudière-Appalaches and l'Érable are invited to become members of MCDC. Membership is free and it is a great way to get involved and show your support for your community. Please call 418-332-3851 or email communications@mcdc.info