

# Down Home News



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**JUNE 2022**

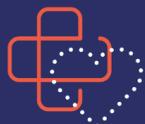
## MCDC's ANNUAL GENERAL MEETING

The Board of Directors of MCDC extends a very warm invitation to our members, community partners and supporters to attend the Annual General Meeting and help us celebrate the past year and welcome summer.



**DATE:** Thursday June 16, 2022  
**MEETING:** 5:00 p.m.  
**SUPPER:** 6:00 p.m.  
**PLACE:** Old School Kinnear's Mills

Please r.s.v.p. to MCDC by June 13th  
**418-332-3851**



## Health activities & capsules

Please call MCDC or email [health@mcdc.info](mailto:health@mcdc.info) to register for each of the following health sessions:

### CHEP - Update on Stroke Prevention, Management, & Care

Join us at MCDC or join via ZOOM from your home for this health presentation.

**DATE: Wed June 15, 2022**  
**TIME: 10:00 - 11:30 a.m.**  
*followed by lunch.*

Please register with Laurie at [health@mcdc.info](mailto:health@mcdc.info)

### YOGA & MEDITATION SESSIONS

6 sessions led by Charlie Maud  
Gingras & Megann Baril

**DATES: June 6, 13, 20, 27,**  
**July 4, 11, 2022**

**TIME: 10:00 a.m.**  
**PLACE: Kinnear's Mills Old School**  
Bring your yoga mat!

Please register with Laurie at [health@mcdc.info](mailto:health@mcdc.info)

### Healthy After 50

Andréanne Raby, Kinesiologist  
Exercises followed by brain games  
and lunch

**DATE: Tues. June 21, 2022**  
**TIME: 9:30 a.m. - 12:30 p.m.**  
**PLACE: IOOF Hall Inverness**

Please register with Laurie at [health@mcdc.info](mailto:health@mcdc.info)

### WALKING GROUP 2022



**Weather permitting:**

**DATE: Wed June 29, 2022**  
**TIME: 1:30 p.m.**  
Snacks provided.

Return visit to Powell's Sugar Camp  
in Ste-Agathe.

Please register with Laurie at [health@mcdc.info](mailto:health@mcdc.info)

### MCDC'S SUMMER PICNIC

**Wed June 22, 2022**  
**11:00 a.m. - 1:00 p.m.**  
Behind Old School in  
Kinnear's Mills.  
Boxed lunches provided.  
Bring a lawn chair!!



**SURPRISE VISIT BY A  
SPECIAL GUEST  
AT 11:00 A.M.**

**T : 418 332.3851 | Sans frais : 1 877 332.3851**  
[www.mcdc.info](http://www.mcdc.info)

**MEGANTIC  
ENGLISH-SPEAKING**  
COMMUNITY DEVELOPMENT CORPORATION



# What's happening?

## Movie Afternoon "Disneynature - EARTH"



Date: **Wed June 8, 2022**  
Time: 1:30 p.m.  
Place: Kinnear's Mills Old School

Sign up with Jennifer  
info@mcdc.info



Date: **Wed June 15, 2022**  
Time: 1:00 p.m.  
Place: MCDC

Sign up with Jennifer  
info@mcdc.info

T: 418-332-3851  
Toll free: 1-877-332-3851

## CONGRATS TO OUR GRADUATES



Congratulations to the 2022 A.S. Johnson High School graduating class: Alexia Vachon, Alyssia Groleau, Ashley Powell, Alexanne Thériault, Casey Marcoux, Daphney Vachon, Daren Racine, Evan Valdes Guay, Jason Poulin, Kaylen Poulin, Leah Blanche Fleury Chabot, Mia Marais, Noah Robinson, Rocky Fettu-Manningham.

## Milestones

- Happy Birthday to Alice Renaud, Everett Learmonth, Carmen Huppé, as well as to everyone else who will be celebrating their special day in June.
- Bob Wallace has moved. His new address is: Manoir Valin, 28 rue des Erables, #321, Adstock (St. Méthode) G0N 1S0. 581-634-0555
- Congratulations to Rev. Barbara Fotheringham & Rev. Susan Smith on their wedding which took place October 14, 2021, in Nova Scotia. The invitation to visit them stands for any of us travelling down East.

## MCDC BOOK CLUB



DATE: **Friday June 17, 2022**  
TIME: 10:00 a.m.  
PLACE: MCDC, join us in person or on ZOOM

This will be the last meeting before the summer break.  
Sign up with Jennifer  
info@mcdc.info

## STRAWBERRY SUPPER



**Sunday June 26, 2022**

4:00 - 7:00 p.m.

IIOF Hall Inverness

Take out only...\$20/each

Please call Lisa to order:

418-453-2007/418-453-2908

dempsey@gosfordairnet.ca

**Menu:** ham, salads, rolls, strawberry shortcake!! YUM-YUM

## Sunday Services

- Sunday, **June 5th**, Pentecost Sunday 10:30 a.m. St. Andrew's, Inverness, with Edythe Arnott leading worship.
- Sunday, **June 12th**, 10:30 a.m. Gamache et Nadeau Chapel, Thetford.
- Sunday, **June 19th**, 10:30 a.m. Candlish Church, Kinnear's Mills.
- Sunday, **June 26th**, 10:30 a.m. St. Andrew's, Inverness, with Edythe Arnott leading worship, Rev. Ross Davidson will preside for Communion.

### ANGLICAN SERVICES:

**Thetford:** Gamache et Nadeau Chapel

- Sundays, June 26th, 2:00 p.m. Pierre Voyer officiating.

**Inverness:** Church of the Ascension

- Sat. June 4th: Church will be open to visitors for "La Fête des Voisins".
- Sundays, June 12th & 26th, 11:00 a.m. (new time)

## ASJ/St. Pat's Annual Gathering



We would like to issue an invitation to members of the community and former students of St. Pat's and ASJ to participate in the 11th Annual Golf Tournament being held:

**Saturday June 25, 2022**

**Thetford Golf & Curling Club**

*There are many ways to participate:*

- Come play golf with your friends;
- Come for drinks/food before or after the tournament;
- Purchase some merchandise;
- Sponsor a hole;
- Donate a prize to the tournament. This tournament is an annual fundraiser. Profits go towards promoting student life.

Get in touch with David Piperno at school for tee-off times  
418-335-5366 #8701



## Square Dancing is Back!

- Sunday June 12th, 2 pm, fundraiser to help displaced UKRAINIANS, Kinnear's Mills Old School.
- Sunday July 31st, 1:30 pm, Model School (Heritage Site) Leeds.

Music by James Allan and Courtney Drew (fiddle), \$10/person.

All members of the English-speaking community of Chaudière-Appalaches and l'Érable are invited to become members of MCDC. Membership is free and it is a great way to get involved and show your support for your community. Please call 418-332-3851 or email communications@mcdc.info