

# LEARN

Children aged 2 to 5 have **EVERYTHING** to learn.  
Your job is to help your little one when they encounter new challenges.



## Help your child...

### Share

- Suggest they lend a different toy if the toy someone asks for is their favourite.



### Be patient

- Play games that involve taking turns, such as making a drawing together.
- Ask your child to wait: "I'm on the phone. Go play by yourself and we'll make dinner together afterwards."

### Win and lose

- Instill in them a love for play and develop their team spirit: "Well done, everyone, good game!"
- Acknowledge their progress: "Great job! Thanks to your hard work, you're getting better at throwing the ball!"



### Adapt

- Expose them to different situations: have them meet new people and go to new places.

### Understand privacy

- It's normal for your child to touch their private parts. Simply encourage them to go somewhere where they can be alone and undisturbed.
- Teach them not to touch other people's privates. For example: "You can touch your own penis, but you can't touch mine or anyone else's."
- Help your child set boundaries: "If you don't want to give or receive hugs or kisses, you have the right to say no."



### Resolve conflicts

- Be open and let your child express themselves: "What's going on?"
- Don't take sides. Stick to the facts: "So, you both want the green truck."
- Distinguish between your child and their behaviour. Say: "I won't allow the use of hurtful words," instead of, "You're being mean."
- Encourage kids to come up with solutions together.

