

Down Home News



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Health Canada

April 2023

THANK YOU TO OUR MCDC VOLUNTEERS

National Volunteer week will be celebrated April 16-22, 2023. Volunteers are on the front lines of our community services - community health care, heritage and arts, administrative committees, community organizations, school life, the list is impressive. Take the time this week to recognize volunteers by saying thank-you. They offer their time, energy, and skills to improve the lives of their neighbours and surroundings. Their hours of service ensure that many events are held and many people are helped.

Alice Renaud	Carole Lehoux	James Allan	Leo Thomas	Michelle Mathieu	Ross Davidson
Aline Visser	Darlene Menard	Jan Lowry	Loch Baillie	Nadine Ratté	Sheilagh Brown
André Gingras	Dianna Beattie	Janet Dempsey	Lorna Campbell	Ozzie Beattie	Shirley Picknell
Ann Marie Powell	Don Beattie	Jim Barber	Lorraine Learmonth	Pauline Davidson	Stephen Renaud
Ann-Marie Campbell	Donna Thomas	Joan McCammon	Louise Carey	Pauline Nutbrown	Thérèse Sheffield
Brenda Trenfield	Hartley Aulis	Joan Smith	Louise McCrea	Peter Whitcomb	Vic Lowry
Carmen Huppé	Heather Whitcomb	Kitty Small	Madeleine Brisson	Roger Allan	Zina Pantorno
	Helen Jamieson	Lawrence Custeau	Maureen Small	Ronald Routhier	

We would also like to thank all the students from St. Patrick's Elementary School who participated in the "I Volunteer" program.



Health activity & capsules

Please call MCDC to register for each of the following health sessions:

Healthy After 50

Exercises with **Andréanne Raby**, followed by brain games and lunch.

Date: **Tues April 11, 2023**
Time: 10:00 - 12:00 noon
Place: IOOF Hall, Inverness

Please call or email Laurie
health@mcddc.info

CHEP Videoconference

"Love is in the Details: A Guide to Assist you to Prepare your Legacy Notebook"

Date: **Wed April 19, 2023**
Time: 10:00 a.m. (coffee/muffins)
Place: MCDC or by ZOOM

Please call or email Laurie
health@mcddc.info

YOGA & MINDFULNESS SESSION

Led by **Charlie Maud Gingras & Megann Baril**

Date: **Mon April 24, 2023**
Time: 10:00 a.m.-12:00 noon (lunch provided)

Place: Municipal Hall, KM
Please call or email Laurie
health@mcddc.info

Mason's Sugar Party



Bring your family, friends & neighbours to enjoy some local springtime fun.

DATE: **Saturday, April 22, 2023**
PLACE: Kinnear's Mills Community Hall

4 - 6 p.m. Taffy on snow
6 - 7:30 p.m. Homemade supper
7:30 p.m. Square dance music by Courtney Drew & James Allan.
Bring your own beer, wine, and lawn chair!

Introducing Moumy Diop

We are pleased to introduce you to **Moumy Diop** who joined the MCDC team in March and will be coordinating our Lévis office known as South Shore English Network (SSEN). Moumy worked as a Special Education Technician at St. Vincent Elementary school in Sainte-Foy for 3-1/2 yrs. She is the mother of 3 children.



Please join us in extending a very warm welcome to Moumy.



MEGANTIC
ENGLISH-SPEAKING
COMMUNITY DEVELOPMENT CORPORATION

T : 418 332.3851 | Sans frais : 1 877 332.3851
www.mcddc.info

What's happening?

McGill Health & Social Services Bursary Program 2023-2024 CALL FOR APPLICANTS

McGill University, in collaboration with MCDC, is pleased to launch the call for applicants for Health and Social Services Community Leadership Bursaries for the 2023-2024 academic year. This program provides financial incentive to students from selected Quebec regions with English and French language skills pursuing full-time studies in the area of health and social services in a government recognized educational institution. Depending on the level of studies (university, college, or vocational) and whether or not the applicants are pursuing their post-secondary studies inside or outside their region, the amount of the bursary may vary between \$2,500 and \$10,000 for the 2023-2024 academic year.

The deadline to submit your application is May 12, 2023. To obtain a copy of the application form and guide, or for more information, please contact Maureen Small at MCDC 418-332-3851 community@mcdc.info.

Drop-Ins 1:30 - 3:30 p.m.



Monday, April 3	MCDC
Monday, April 10	Easter NO DROP-IN
Monday, April 17	KM Municipal Hall
Monday, April 24	Inverness IOOF

Milestones



- Our deepest sympathies to the family of Charlotte Byrns White who passed away on March 2, 2023. Funeral & interment on May 13, 2023, in Inverness.
- Our sincere condolences to Paulette McDonald Custeau and family on the passing of her husband Lincoln on March 2, 2023.

Movie Afternoons



"WINGS OF LIFE" -
Disney Documentary
DATE: **April 12, 2023**
TIME: 1:30 p.m.
PLACE: MCDC

"COME FROM AWAY"
9-1-1 in Gander, Nfld.
DATE: **April 26, 2023**
TIME: 1:30 p.m.
PLACE: MCDC



T : 418 332.3851
Toll free : 1 877 332.3851

SQUARE DANCE & Sugar Party



DATE: **Saturday April 1, 2023**
TIME: 7:00 - 11:00 p.m.
PLACE: Kinnear's Mills Old School
MUSIC: Courtney Drew & James Allan
PRICE: \$10

Church Services

K.I.T. Pastoral Charge:

- Apr 2, 10:30 a.m. St. Andrew's Hall? Inverness.
- Apr 6, 8:00 p.m. Candlish, Kinnear's Mills(with communion).
- Apr 9, 10:30 a.m. Candlish, Kinnear's Mills (Easter).
- Apr 16, St. Andrew's Inverness
- Apr 23, 10:30 a.m. Gamache & Nadeau chapel
- Apr 30, 10:30 a.m. Candlish, Kinnear's Mills.

Anglican Services:

- Apr 9, 2:00 p.m. Gamache & Nadeau chapel

Inverness (Church of the Ascension):

- Apr 2, 10:30 a.m. Palm Sunday
- Apr 7, 12:00 noon Good Friday, prayers, meditation, hymns.
- Apr 9, 10:30 a.m. Easter Sunday
- Apr 23, 10:30 a.m. regular service

MCF BURSARY PROGRAM FOR ASJ GRADUATES AND ADULT LEARNERS

For the 14th year running, the Megantic Community Foundation (MCF) is pleased to offer three (3) \$500 bursaries:

- ✚ Two (2) bursaries to ASJ High School graduates pursuing post-secondary studies.
- ✚ One (1) bursary to a member of the English-speaking community of the Appalaches, l'Érable or Lotbinière regions who wishes to further his/her studies as a mature student.

To qualify, you **MUST** be registered as a **FULL-TIME** student in September 2023. Deadline for submission of application to MCDC is Friday, May 5, 2023. Application forms are available by calling Maureen at MCDC:

418 332.3851

MCDC & MCF Board of Directors and the Staff would like to wish you all a very Happy Easter.

Please note that the office will be closed on Good Friday April 7th, and Easter Monday April 10th.



All members of the English-speaking community of Chaudière-Appalaches and l'Érable are invited to become members of MCDC. Membership is free and it is a great way to get involved and show your support for your community. Please call us 418 332.3851 or email communications@mcdc.info