

# Down Home News



This document is made possible thanks to the financial support of:



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## October 2023

## "ROB LUTES" is coming to town!!

### National Seniors Day

Dates: **Thursday October 26, 2023**  
Time: 11:45 a.m. - 3:00 p.m.  
Place: IOOF Hall Inverness



Please join us to enjoy a hot lunch and live music with **Rob Lutes**.  
Call or email Laurie [health@mcddc.info](mailto:health@mcddc.info)

Deadline to Register:  
October 20<sup>th</sup>



## Health activity & capsules

Please call MCDC to register for each of the following health sessions:

### Yoga & Mindfulness "8-week series"

DATES: **Mondays Oct 2, 16, 23, 30  
Nov 6, 13, 20, 27, 2023**

TIME: 10:00 a.m. followed by lunch  
PLACE: Kinnear's Mills Municipal Hall

Please call or email Laurie  
[health@mcddc.info](mailto:health@mcddc.info)

### Quebec Shopping Trip



Date: **Wed Oct 4, 2023**  
Time: 8:45 a.m. MCDC yard  
Price: \$15

Please call or email Jennifer  
[info@mcddc.info](mailto:info@mcddc.info)

### SHARP Videoconference

"Safer Sex for Older Adults"  
via ZOOM

*The link to register will be sent out electronically.*

Date: **Wed Oct 16, 2023**  
Time: 10:00 a.m. – 11:30 a.m.  
Place: via ZOOM

For info please call or email Laurie  
[health@mcddc.info](mailto:health@mcddc.info)



### INTRODUCING KAYLEA CUROTTE

We are so pleased to introduce Kaylea Curotte who joined the MCDC team in Sept. 2023 as our Youth Mental Wellness Coordinator.

Kaylea has a background in nursing and has worked in an intensive care unit in neonatal services. She is a delightful addition to the MCDC team. Please join us in extending a very warm welcome to her.

### Thanksgiving Luncheon



DATE: **Tues Oct 10, 2023**  
TIME: **11:30 a.m.**  
PLACE: **IOOF HALL Inverness**  
PRICE: **\$15/adults & youth 13+  
\$5/youth 3-12 yrs.**

Please call or email MCDC at  
[communications@mcddc.info](mailto:communications@mcddc.info)



T : 418 332.3851 | Sans frais : 1 877 332.3851  
[www.mcddc.info](http://www.mcddc.info)

MEGANTIC  
ENGLISH-SPEAKING  
COMMUNITY DEVELOPMENT CORPORATION

# What's happening?

## WINTER BOOT, COATS, & Xmas decorations needed for immigrant families.

Please leave them at MCDC for Louise Trepanier's project. Or contact Louise directly at 418-281-3453.



## Ticket To Paradise

Starring Julia Roberts and George Clooney

**Date:** Wed Oct 18, 2023  
**Time:** 1:30 p.m.  
**Place:** MCDC

Please call or email Jennifer  
info@mcddc.info

## BRACELET MAKING



**DATE:** Wed Oct 11, 2023  
**TIME:** 10 a.m. lunch afterwards  
**PLACE:** IOOF Hall Inverness

Please call or email Jennifer  
info@mcddc.info

## School News

The Annual School Craft Sale will be held on **Sunday Oct 15, 2023**, 10:00 a.m. - 3:00 p.m. in the St. Pat's/ASJ High School Gymnasium.

To reserve a vending table, please call Elizabeth Grondin 418-335-9324. Raffle tickets are available on a beautiful **painting** by a local Thetford artist and good friend to our school, the late Roland Dostie.

See you all there!

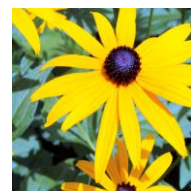
## HALLOWEEN



## "Ghostbusters Afterlife"

**Date:** Wed Oct 25, 2023  
**Time:** 1:30 p.m.  
**Place:** MCDC

Please call or email Jennifer  
info@mcddc.info



## Milestones

- Our sincere condolences to Sheila Allan and all members of the Allan family on the passing of John Allan.
- Our sympathies going out to the Noonan family for the loss of their mom Claire Fafard Noonan.
- Happy Birthday to Ross Davidson, Edna Stewart, Peter Whitcomb, Patsy Fowler as well as to everyone else who will be celebrating their special day in October.

## ARTS & CRAFTS

### Wreath Decorating Workshop



**Date:** Tues Dec 5, 2023  
**Time:** 9:00 a.m.  
**Place:** Église du Bon Berger  
**Price:** \$25

**DEADLINE TO CONFIRM YOUR ATTENDANCE:** Friday Oct 6th

Please call or email Laurie  
health@mcddc.info

## Sunday Services

### K.I.T. PASTORAL:

- Sunday, **Oct 1**, 10:30 a.m. Gamache et Nadeau Chapel, Thetford.
- Sunday, **Oct 8**, 10:30 a.m. Candlish Church, Kinnear's Mills.
- Sunday, **Oct 15**, 10:30 a.m. St. Andrew's Inverness.
- Sunday, **Oct 22**, 10:30 a.m. Gamache et Nadeau Chapel, Thetford.
- Sunday, **Oct 29**, 10:30 a.m. Candlish Church, Kinnear's Mills.

### ANGLICAN SERVICE:

Sunday, **Oct 22**, 2:00 p.m. Gamache et Nadeau Chapel, Thetford.

## Drop-In Mondays 1:30 - 3:30 p.m.

Oct 2: MCDC  
Oct 10: (Tuesday) Inverness IOOF  
Oct 16: Kinnear's Mills Municipal Hall  
Oct 23: NO DROP-IN  
Oct 30: NO DROP-IN

All members of the English-speaking community of Chaudière Appalaches and l'Érable are invited to become members of MCDC. Membership is free and it is a great way to get involved and show your support for your community. Please call 418-332-3851 or email communications@mcddc.info