

Down Home News



This document is made possible thanks to the financial support of:



Canadian
Heritage



Health
Canada

October 2025

THANKSGIVING

Turkey dinner



Date: Tuesday Oct 14, 2025
Time: 11:30 a.m. - 1:30 p.m. (Drop-In to follow)
Place: IOOF Hall, Inverness
Price: \$15

MCDC'S FUND RAISING EVENT SPAGHETTI DINNER

Date: Sunday Nov 2, 2025
Time: 11:30 a.m. - 2:00 p.m.
Place: Kinnear's Mills Old School
Price: \$20/person;
\$45/family (2 adults + 2 children)

Please call MCDC or email info@mcddc.info to register



Health activity & capsules

Please call MCDC to register for each of the following health sessions:

MOVIE MATINEE

"Irish Wish"



Date: Wed Oct 8, 2025
Time: 1:30 - 3:30 p.m.
Place: MCDC

Please call or email Jennifer
info@mcddc.info

COOKING CLASS

"Spring Rolls"



Date: Thur Oct 9, 2025
Time: 1:30 - 3:30 p.m.
Place: IOOF Hall, Inverness

Please call or email Jennifer
info@mcddc.info

MOVIE MATINEE

"David Attenborough's Life In Colour"



Date: Wed Oct 15, 2025
Time: 1:30 - 3:30 p.m.
Place: MCDC

Please call or email Jennifer
info@mcddc.info

"PAIR PROGRAM"

Presentation by Marie-Claude Caouette,
MRC Appalaches



*A prevention program that
includes a call service with an
alert in case you don't answer.*

Date: Mon Oct 6, 2025
Time: 1:00 - 1:30 p.m.
Place: MCDC

Please call or email Laurie
health@mcddc.info

ROCK PAINTING



Date: Wed Oct 22, 2025
Time: 1:30 p.m.
Place: IOOF Hall, Inverness

Please call or email Jennifer
info@mcddc.info



What's happening?

SHARP videoconference via ZOOM

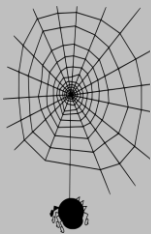
"Resources for staying active
and preventing falls at home"
By Guy Hajj-Boutros
Clinical Research

Date: **Wed Oct 15, 2025**
Time: 10:00 a.m.
Place: MCDC & via ZOOM,
Coffee/muffins will be served
Please call or email Laurie
health@mcddc.info

Milestones



- Our condolences to Gerry Custeau and his family on the passing of Gisele Nutbrown Custeau on Sept 12, 2025.
- Birthday wishes to Ross Davidson, Edna Stewart, Peter Whitcomb, Pat Fowler as well as to everyone who will be celebrating their birthday in October.



HALLOWEEN evening movies



Date: **Thur Oct 23 or
Fri Oct 24, 2025**
Time: 6:30 p.m.
Place: MCDC basement

Please call or email Kaylea
youthmentalhealth@mcddc.info

Odd Fellows Supper & Dance



Date: **Sat Oct 4, 2025**
Time: 5:30 p.m. SMOKED MEAT supper
7:30 p.m. square dance
Place: Old School Kinnear's Mills
Admission: \$20
Square dance only: \$10

MCDC BOOK CLUB

Date: **Fri Sept 12, 2025**
Time: 10:00 a.m.
Place: ZOOM
Please call or email Jennifer
info@mcddc.info

Drop-In 1:30 - 3:30 p.m.

Oct 6 MCDC
Oct 14 Inverness IOOF Hall
Oct 20 Kinnear's Mills Municipal Hall
Oct 27 No Drop-In

Church Services

K.I.T. Pastoral Charge:

- Oct 5, 10:30 a.m. Gamache & Nadeau chapel
- Oct 12, 10:30 a.m. Candlish, Kinnear's Mills
- Oct 19, 10:30 a.m. St. Andrew's, Inverness
- Oct 26, 10:30 Gamache & Nadeau chapel

Anglican Church Services:

- To be determined

ANNUAL SHOPPING TRIP "Place Laurier, QC"



Date: **Thur Nov 6, 2025**
Time: 8:45 a.m. MCDC (Church parking lot)
9:15 a.m. Leeds (Patrimoine parking lot)
10:15 a.m. arrive Place Laurier
3:15 p.m. leave Place Laurier
4:15 p.m. Leeds
4:45 p.m. MCDC

Price: \$25, **LIMITED PLACES**
Please call or email Jennifer info@mcddc.info

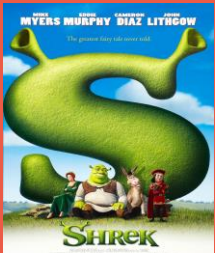
SCHOOL CRAFT SALE

Sun Oct 19, 2025
10:00 a.m. - 3:00 p.m.
St. Pat's/ASJ High School gymnasium

Tables available for rental:
\$15/table; +\$5/additional tables
Call:

- Elizabeth Grondin: 418-335-9324, or elilec-gron@fibreo.ca
- Julie Gagné: 418-335-5366, # 8701

On behalf of the School Foundation, proceeds will go to the School Breakfast Program and other important school activities.



AFTERNOON HALLOWEEN MOVIE

Date: **Wed Oct 29, 2025**
Time: 1:30 p.m.
Place: MCDC
Please call or email Jennifer
info@mcddc.info



All members of the English-speaking community of Chaudière-Appalaches and l'Érable are invited to become members of MCDC. Membership is free and it is a great way to get involved and show your support for your community. Please call us 418 332.3851 or email communications@mcddc.info