

Down Home News



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March 2026

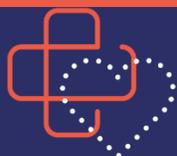
St-Patrick's Day Luncheon & Music

Date: Monday Mar 16, 2026
Time: 12:00 noon - 3:00 p.m.
Place: IOOF Hall, Inverness
Entertainment: Local musicians

EVERYONE WELCOME.....WEAR YOUR GREEN

Deadline to confirm your presence: Thursday Mar 12, 2026

Please call MCDC or email info@mcdc.info



Health activity & capsules

Please call MCDC to register for each of the following health sessions:

Movie Afternoon "Enola Holmes #2"



Date: Wed Mar 4, 2026
Time: 1:30 p.m.
Place: MCDC
Please call or email Jennifer
info@mcdc.info

BRAIN GAMES + LUNCH



Date: Wed Mar 11, 2026
Time: 10:00 p.m.
Place: MCDC
Please call or email Jennifer
info@mcdc.info

Movie Afternoon "TOM HANKS" Documentary



Date: Wed Mar 18, 2026
Time: 1:30 p.m.
Place: MCDC
Please call or email Jennifer
info@mcdc.info

MANAGING CHRONIC PAIN & FATIGUE

with Jennifer Robert, RN

DATE: Thur Mar 26, 2026
TIME: 1:30 - 3:30 p.m.
PLACE: MCDC basement
Please call or email Michelle Mathieu
health@mcdc.info

Support and strategies for living with chronic pain and fatigue

- Understanding it
- Practical tips for its management
- Relaxation and stress management
- Helpful resources and support

DIAMOND PAINTING



Date: Thur Mar 19, 2026
Time: 1:30 a.m.
Place: Kinnear's Mills Municipal
Hall
Please call or email Jennifer
info@mcdc.info



What's happening?

THANK YOU FROM THE ODD FELLOW LODGES #54 & #51

The Odd Fellows of Leeds and Inverness Lodges wish to thank everyone involved with the organization of the Games Night Fund Raiser on January 24, 2026; also, all participants who braved the cold evening to attend and the generous sponsors without whom we could not have had such a successful event. Many happy winners profited from these prizes:

- \$100 gift certificate from MCDC
- \$50 gift certificate from Pizzeria du Boulevard, Thetford
- \$25 gift certificate from Multi-Mécanique A.S. Inc of Inverness
- 2 pillows value \$60 each from Francis Campbell Meubles, Ste-Agathe
- 3 prs. tickets to Cineplex from Don Campbell, Ste-Agathe
- 2 x \$80 gift certificates from NOAH Spa, Thetford
- 2 x \$40 gift certificates from Rudbeckie Farms, Kinnear's Mills
- \$30 gift certificate from Micro Brasserie des Hales, Thetford
- \$20 gift certificate from La Petite Boucherie Raby, Robertsonville
- 4 x 473ml of beer from Brasserie Artisanale Griendel, Leeds

The funds collected will be returned to the community as donations to

MOVIE Afternoon "WONDER"



Date: **Wed Mar 25, 2026**

Time: 1:30 a.m.

Place: MCDC

Please call or email Jennifer
info@mcdc.info

Drop-In Mondays

1:30 - 3:30



Mar 2 MCDC

Mar 9 Kinnear's Mills Municipal Hall

Mar 16 St-Patrick's Lunch & Music

Mar 23 No Drop-In

Mar 30 No Drop-In

T : 418 332.3851

Sans frais : 1 877 332.3851

CHURCH SERVICES

K.I.T. Pastoral Charge:

- Mar 1, 10:30 a.m. IOOF Hall, Inverness
- Mar 8, 10:30 a.m. Gamache & Nadeau Chapel, Thetford.
- Mar 15, 10:30 a.m. Candlish Kinnear's Mills
- Mar 22, 10:30 a.m. IOOF Hall, Inverness
- Mar 29, 10:30 a.m. Gamache & Nadeau Chapel, Thetford.

Anglican Church Services:

- No services in Thetford.

MOM'S NIGHT OUT Paint & Sip



Date: **Thur Mar 26, 2026**

Time: 7:00 p.m.

Place: MCDC

Please call or email Kaylea
youthmentalhealth@mcdc.info

Milestones



- Our most sincere condolences to Denis Goupil (father), Joyce Goupil (sister), and Patrick Beaudoin (son) on the passing of Louise Goupil on February 15, 2026, at the age of 63 yrs old. We extend our sympathies to all members of her surrounding family.
- Sympathies to Suzanne Lachance and all members of the Vachon and Lachance families on the passing of her husband René Vachon on February 6, 2026, at the age of 66 yrs old.
- Birthday greetings going out to Kitty Small, as well as everyone who will be celebrating their birthday in March.
- Congratulations to Crystal Rowsel & Francis Nadeau on the birth of their son on February 22nd!!



INTRODUCING "MICHELLE MATHIEU"

We are very pleased to introduce Michelle Mathieu who has joined the MCDC team in February 2026 as our Community Outreach Coordinator, replacing Laurie Lowry.

Michelle brings a strong background in customer service and human resources, along with four years of experience at ASJ High School as a Community Learning Centre (CLC) Coordinator. She has also been actively involved on various committees within the English-speaking community, giving her a deep understanding of local realities, partnerships, and community needs. Her experience in the community sector makes her a valuable resource at MCDC as we continue strengthening our efforts to improve access to services, support navigation, and enhance referrals for English-speakers across the region. We are excited to have Michelle on board and look forward to the positive impact she will have in our community. Please join us in extending a very warm welcome to her!



*Clocks **SPRING** ahead by one hour
on Sunday March 8, 2026,
at 2:00 a.m.*

All members of the English-speaking community of Chaudière Appalaches and l'Érable are invited to become members of MCDC. Membership is free and it is a great way to get involved and show your support for your community. Please call 418.332.3851 or email communications@mcdc.info