

# Down Home News



This document is made possible thanks to the financial support of:



Canadian Heritage



Health Canada

May 2026

## ANNUAL GENERAL MEETING

The Board of Directors of MCDC would like to invite you to this year's Annual General Meeting (AGM) taking place on:

Date:	<b>Thur June 11, 2026</b>
Meeting time:	5:00 p.m.
Supper:	6:00 p.m.
Place:	Kinnear's Mills Municipal Hall

You can participate either in person or by ZOOM. When registering at [info@mcdc.info](mailto:info@mcdc.info) or **418-332-3851**, please confirm how you will be taking part in the event so that we can send you the ZOOM link if necessary.



## Health activity & capsules

Please call MCDC to register for each of the following health sessions:

### MOVIE AFTERNOON

#### "Remarkably BRIGHT Creatures"



Date: **Wed May 13, 2026**  
Time: 1:30 p.m.  
Place: MCDC

Please call or email Jennifer  
[info@mcdc.info](mailto:info@mcdc.info)

### MOVIE: Documentary

#### "Princess Catherine - becoming Queen"



Date: **Wed May 20, 2026**  
Time: 1:30 p.m.  
Place: MCDC

Please call or email Jennifer  
[info@mcdc.info](mailto:info@mcdc.info)

### CRAFT AFTERNOON

#### "Diamond Painting"



Date: **Thur May 21, 2026**  
Time: 1:30 p.m.  
Place: Kinnear's Mills Municipal Hall

Please call or email Jennifer  
[info@mcdc.info](mailto:info@mcdc.info)

### BINGO AFTERNOON!



PLUS Outreach Coordinator Michelle Mathieu sharing some helpful health hints!

Date: **Wed May 6, 2026**  
Time: 1:30 p.m.  
Place: Kinnear's Mills Municipal Hall  
Please call or email Jennifer  
[info@mcdc.info](mailto:info@mcdc.info)  
Refreshments provided

### VIDEO GAMES FOR SENIORS



Help improve your hand-eye coordination.

Date: **Wed May 27, 2026**  
Time: 1:30 p.m.  
Place: MCDC  
Please call or email Jennifer  
[info@mcdc.info](mailto:info@mcdc.info)



MEGANTIC  
ENGLISH-SPEAKING  
COMMUNITY DEVELOPMENT CORPORATION

T : 418.332.3851 | Sans frais : 1.877.332.3851  
[www.mcdc.info](http://www.mcdc.info)

# What's happening?

## Food Insecurity

Food insecurity is an issue that is increasing across the territory. Our MRC has developed this pamphlet in English that provides helpful information for individuals and families who may be experiencing challenges or who are in need of support:

<https://www.mrcdesappalaches.ca/fr/citoyens/securete-alimentaire/>  
(paper copies are available at MCDC)

Please feel free to share this information with anyone who may benefit from it.

## Info-Santé



# 8-1-1

## MCDC BOOK CLUB



DATE: **Fri May 15, 2026**  
TIME: 10:00 a.m.  
PLACE: via ZOOM

## Drop-Ins 1:30 - 3:30 p.m.



May 4	MCDC
May 11	Kinnear's Mills Municipal Hall
May 18	Victoria Day <b>NO DROP-IN</b>
May 25	Inverness IOOF Hall

T : 418.332.3851  
Toll free : 1.877.332.3851

## Milestones



- Burial service at gravesite for Joan Stevenson on Sat. May 9th at 2 p.m., St-James cemetery in Leeds.
- Visitation for Bob Wallace on Sat. May 16th, 11:00 - 1:00, funeral at 1:00 p.m. Candlish United church in Kinnear's Mills.
- Birthday wishes going out to Barbara A. Arsenault, Jan Lowry, Jim Johnson, and Len Davidson as well as to everyone who will be celebrating their birthday in May.

## Church Services

### K.I.T. Pastoral Charge:

- May 3, 10:30 a.m. Gamache & Nadeau Chapel, Thetford
- May 10, 10:30 a.m. Candlish, Kinnear's Mills
- May 17, 10:30 a.m. St. Andrew's, Inverness
- May 24, 10:30 a.m. Gamache & Nadeau Chapel, Thetford
- May 31, 10:30 a.m. Candlish, Kinnear's Mills

### Anglican Service:

- May 17, 2:00 p.m. Gamache & Nadeau Chapel, Thetford

## SHARP videoconference "Supporting Older Adults and Caregivers in Navigating the QC Health System"

Date: **Wed May 20, 2026**  
Time: 10:00 a.m.  
Place: MCDC basement & via ZOOM  
Coffee & muffins will be served.

Please call or email Michelle Mathieu  
[health@mcdc.info](mailto:health@mcdc.info)



Date: **Sat June 6, 2026**  
Departure: 11 a.m.  
Supper: 6:00 p.m. (same location)  
Place: Club de Golf Thetford Mines

Formula  
Best of 4  
balls

- Golf only, members \$30
- Golf only, non-members \$65
- Supper only \$50
- Golf & supper members \$65
- Golf & supper, non-members \$100

Info: Michel Lalonde [michel.lalonde@cgsb.qc.ca](mailto:michel.lalonde@cgsb.qc.ca) 418-335-5366



All members of the English-speaking community of Chaudière-Appalaches and l'Érable are invited to become members of MCDC. Membership is free and it is a great way to get involved and show your support for your community. Please call us 418.332.3851 or email [communications@mcdc.info](mailto:communications@mcdc.info)